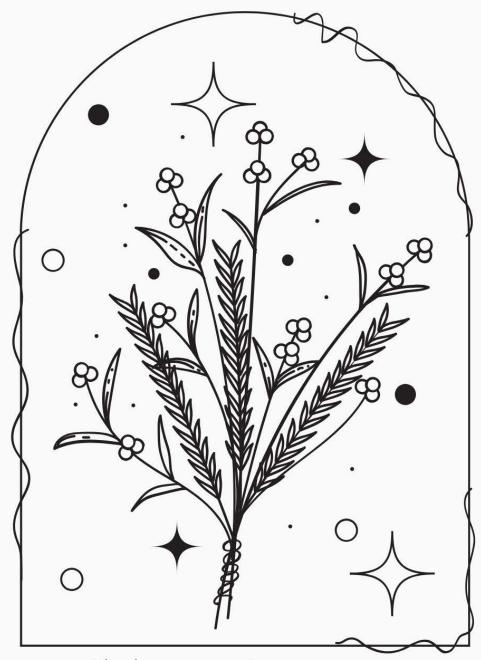
2026 DIVINE GUIDANCE your year ahead



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Journey to Intention Setting: 45-Writing Prompts

One powerful way to prepare for a life you love in 2026 is through self-reflection and clear intention. The prompts below are designed to provoke deep thought, helping you uncover what needs to be released and what your soul truly desires to step into. Use them to clarify your vision and select the core intentions that will make 2026 the year you truly **love your life**.

The Spiritual Audit: 2025 Reflection & Release

- What was the most significant lesson I learned about myself in 2025?
- What was the greatest unexpected joy or blessing I received this year?
- In what area did I experience the most personal growth or transformation?
- What was the biggest challenge I overcame, and what strength did it reveal?
- · What core belief about life or myself shifted or deepened in 2025?
- What was the most challenging experience I overcame this year, and what did it reveal about my strength?
- What habit or routine has drained my energy in 2025 that I commit to releasing?
- What unhelpful thought pattern am I ready to let go of?
- Is there any relationship tension or old conflict I need to forgive (myself or others) before the new year?
- What feeling or emotion did I experience too much of this year that I want less of in 2026?
- Where did I compromise my boundaries, and what boundary do I need to reinforce?
- What material item or commitment can I spiritually declutter to create space?
- Where did I feel the least aligned with my purpose this year?
- If I could go back and tell myself one thing in January 2025, what would it be?
- What past success am I failing to celebrate or acknowledge?

The Soul Expansion: Personal Growth & Loving Life More

- What specific feeling (joy, peace, excitement) do I want to be the background music of my life in 2026?
- How can I bring more playfulness and lightness into my everyday life?
- What adventure, big or small, am I ready to say 'yes' to?
- What skill or hobby would set my soul on fire if I committed to learning it?
- How will I prioritize self-care and rest in a way I haven't before?
- What does 'loving my life more' look like in my daily routine?
- What is one act of self-love I will commit to doing every week?
- How can I deepen my connection with nature or the divine?
- Where in my life can I choose gratitude over worry?
- How can I be more present with my loved ones?
- What book, podcast, or teacher will inspire my personal growth in 2026?
- What is my greatest desire for my spiritual path next year?
- How will I honor my body and its needs in a more loving way?

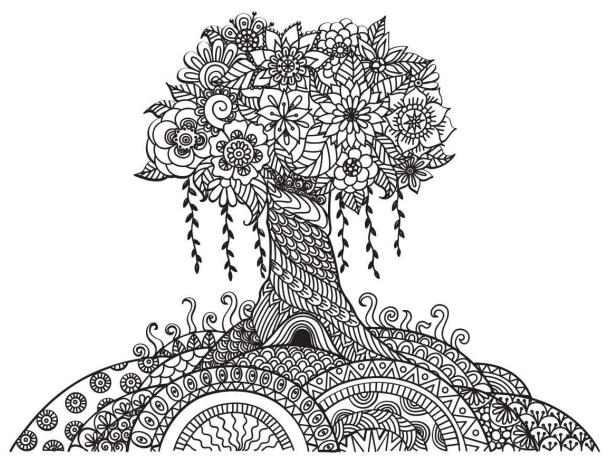


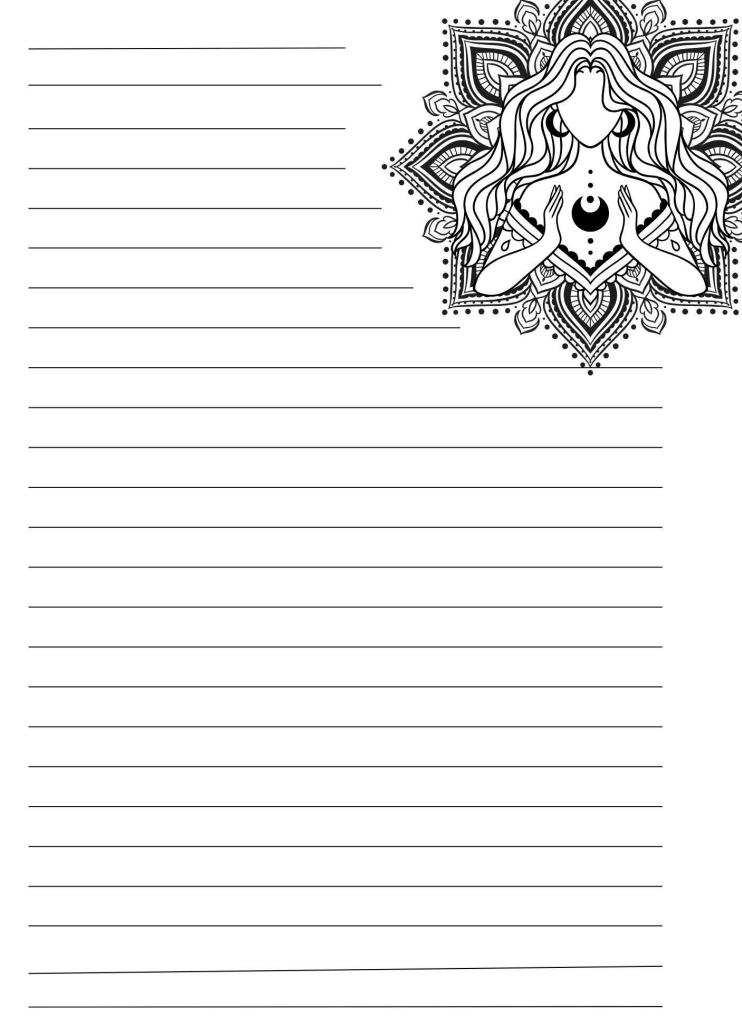
The Mission Alignment: Contribution, Community & Intentional Action

- What positive impact do I most want to have on my community (friends, family, neighbors, world) in 2026?
- What new way of contributing or giving back would bring me the most fulfillment?
- How can I be more intentional in supporting the people I care about most?
- Where in my daily life can I simplify or create more spaciousness to focus on my purpose?
- What is one area of my life's mission (e.g., skill, cause, passion) I need to invest in (time, money, learning)?
- How will I manage my time to create better harmony between my responsibilities and my passions?
- What is the most exciting new connection or meaningful relationship I can seek out or nurture?
- What is one big goal related to my life's purpose I will pursue, and what is the smallest first step?

The Intention: Calling in the New Year

- What is my one-word theme or guiding mantra for 2026?
- What do I need to believe about myself to make my 2026 intentions a reality?
- What new opportunity am I most excited to call into my life?
- How will I measure the success of my spiritual life in 2026?
- What does 'abundance' look like to me in the new year?
- What will I do to celebrate the small victories along the way?
- How will I respond when challenges inevitably arise?
- What is the legacy I want to begin creating this year?
- Write your ultimate 2026 intention as if it has already happened.





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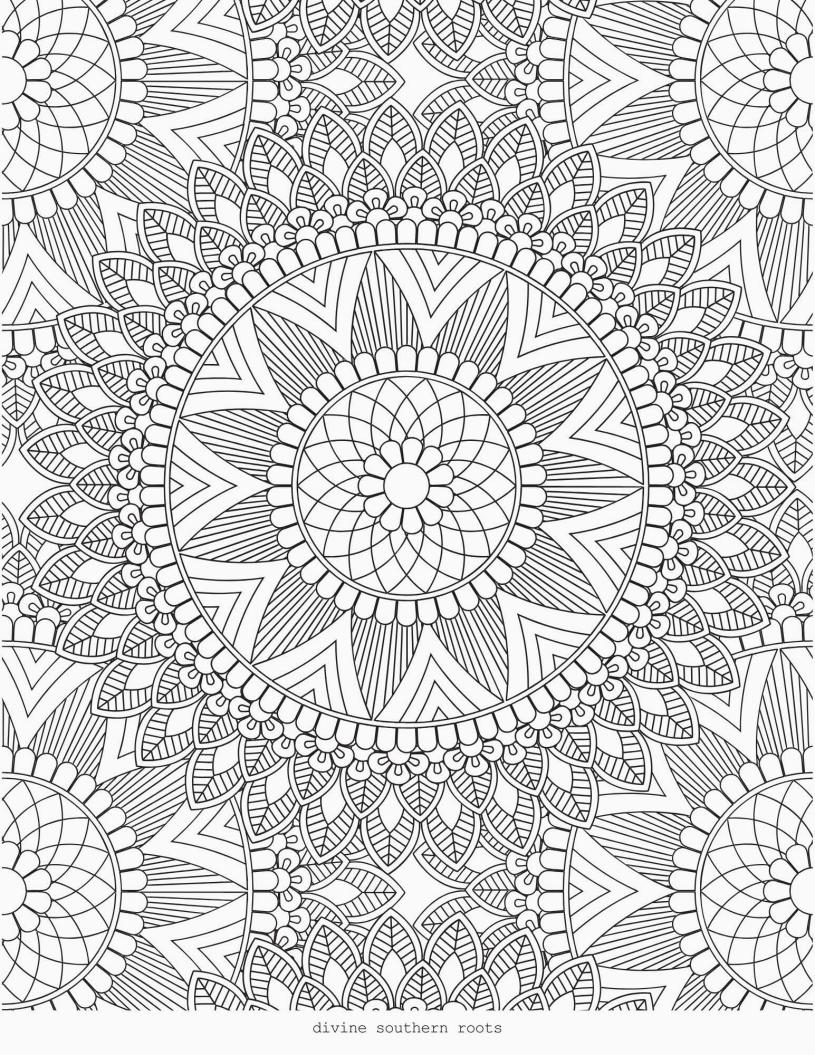
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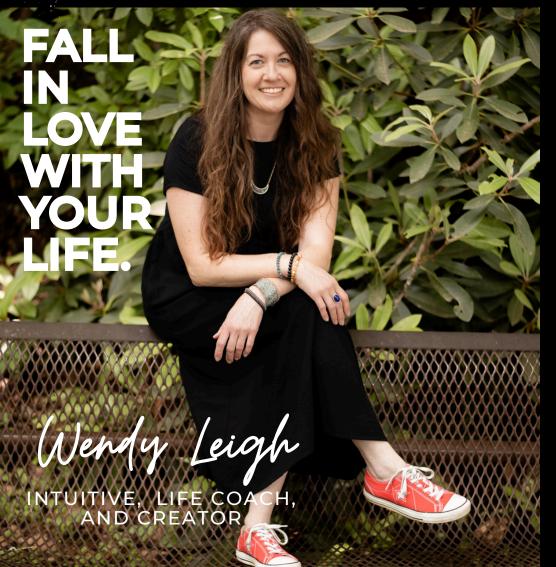
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HELLO, LOVE.

I'm Wendy, an intuitive, life coach, and creator dedicated to helping you reclaim the powerful love and magic that has always been within you.

My mission is simple: to help you fall head-over-heels in love with your life and your business.

MY WORK COMES FROM THE HEART.

I offer:

- Intuitive Readings & Mentorship: I offer readings & mentoring in life, love, spiritual growth, and business. I do live sessions and audio & video recordings.
- Intuitive Design Services: I blend 15+ years of professional design and marketing experience with Astrology, Human Design, and intuition to help entrepreneurs find their vibe, and to align their missions with their visuals and messaging.

Tell me, how can I help you bring more love into your life today?

Love, Wendy